CORONAVIRUS DISEASE 2019 (COVID-19)

COVID-19 is a **respiratory illness** caused by a **new coronavirus** that originated in China. COVID-19 **spreads person to person, anyone can be infected**.

HIGHEST RISK

- **TRAVELERS** to countries with widespread outbreaks and their close contacts.
- **OLDER PERSONS (60+)**
- **PERSONS WITH CHRONIC HEALTH CONDITIONS** such as diabetes, heart disease, HIV...

INCUBATION

2-14 DAYS

AVERAGE PERIOD: 5 DAYS

SYMPTOMS

Most cases are **MILD TO MODERATE.**

COUGHING **SNEEZING** **RUNNY NOSE**

FEVER **SHORTNESS OF BREATH**

PREVENT THE SPREAD

- **Wash** your **hands often** with soap + water.
- **Avoid touching** your **eyes, nose + mouth** with unwashed hands.
- **Cover** your **cough or sneeze** with a tissue, then **throw the tissue** in the trash.
- **Avoid close contact** with people **who are sick**.
- **Get a flu shot!**
- **Clean + disinfect frequently touched objects and surfaces** such as counters, door knobs, desks, keyboards, tablets and phones.

IF YOU THINK YOU OR A FAMILY MEMBER HAS COVID-19

1. **Call** your healthcare provider **right away**.
2. **Tell the doctor** about your **recent travel** + your **symptoms**.
3. Your healthcare provider will tell you how to get care **without exposing others**.
4. **Stay home** & **avoid contact** with others.

For more information: **dph.georgia.gov/novelcoronavirus**
cdc.gov/coronavirus/2019-ncov/index.html

GEORGIA DEPARTMENT OF PUBLIC HEALTH